

## Samira Rafiq

**E-Mail:** samirarafiq@uosahiwal.edu.pk

### Objective

A challenging and illustrious career in a competitive environment where I can practically apply my knowledge and improve upon the **analytical** and **teaching** skills acquired by education to the **institute's benefits** and my own satisfaction.

### Practical Experience:

Visiting Lecturer in Department of Applied Psychology at Bahauddin Zakariya University Multan.

### Research Work:

- Present an article in First International Conference (ICCTP 2016) in BZU Multan.
- Oral Presentation in First National Conference on Emerging Trends and Challenging in Social Sciences.
- Oral presentation in PACT 9<sup>th</sup> International CBT Conference.

### Academic Record:

Degree	Board/University	Year of Passing	Marks Obtained	Division
M.Phil. Applied Psychology	Bahauddin Zakariya University Multan.	2014	C.G.P=3.69/4	1st
M.Sc. Applied Psychology	Bahauddin Zakariya University Multan.	2010	C.G.P=3.21/4	1st
B.Ed.	University of Education Multan.	2011	836/1250	1st
B.A	Bahauddin Zakariya University Multan.	2008	503/800	1st
F.A	Board of Intermediate & Secondary Education Multan.	2006	710/1100	1st
Matriculation	Board of Intermediate &	2004	590/850	1 <sup>st</sup>

Secondary  
Education Multan.

### **Projects:**

- Relationship between personality types, attribution styles and its impact on students' performance.
- Contribution of Alexithymia and Emotional Intelligence in Social Adjustment: Mediating Role Orderly Played by Parental Bonding.

### **Computer Literacy:**

MS Office (Word, Excel, Power Point), SSPS.

### **Extra-Curricular Activities:**

- 1<sup>st</sup> position in Urdu Essay writing.

### **Personal Abilities:**

Excellent creative skills, Passion for hard work and Ready to take initiative for an activity.

### **Thesis Supervised:**

- Impact of self-esteem and eating disorder mediation by body images among adolescents.
- Relationship between internalized stigma and positive and negative symptoms in schizophrenic patients mediating by dysfunctional attitude
- Relationship Between Perceived Organizational Politics And & Work-Related Attitudes Among Bankers
- Positive psychological capital as function of academic confidence and academic performance among students of social sciences
- The Relationship between Personality Types and Gratitude among University Students.
- Level of self-esteem and job satisfaction among private and Government Teachers.
- Job security and job satisfaction as determinants of organizational commitment: a case study of banks in Multan.
- Relationship between Optimism and Quality of Life among University Students.
- Relationship between internet addiction and academic performance among university students.
- Association between Anxiety symptoms and Occupational Stress mediation by psychological Empowerment among healthcare workers.

- Examining the impact of Hopelessness on Suicidal ideation among Depressive patients through perception of Family cohesion and Social support.
- Role of Psychological Well-Being in Emotional Eating among obese people; mediation by Internalized Stigma
- Linking social media usage with Narcissism and social Anxiety; moderating role of loneliness.
- Purpose in life as a function of religious well-being in socially disconnected people: role of positive attitude (Gratitude, Hope and optimism)
- Interactive Effects of Relationships Quality and Depressive Symptoms on Sexual Activity and Sexual Satisfaction in Heart Failure.