



TAYYABA NAVEED

tayyabanavid@gmail.com

+92 (0)333 6922330

Objectives

To pursue for a future oriented career in human psychological research and academia while working in a competitive environment that assists me in augmenting my professional knowledge and aptitude ultimately contributing towards national and global well-being.

Academic Qualification

DEGREE (YEAR)	INSTITUTION	MAJOR SUBJECTS	MARKS/CGPA
M.Phil	Bahauddin Zakaria University Multan	Psychology	2.77/5
M.Sc (1995)	Bahauddin Zakaria University Multan	Psychology	783/1200
BA (1993)	Bahauddin Zakaria University Multan	Psychology Sociology	487/800
Intermediate (1991)	Govt. College For Women Multan	Psychology Economics	684/1100
Matric (1989)	Govt. College For Women Multan	General Science Group	580/850

Work Experience

DESIGNATION	DEPARTMENT/ ORGANIZATION	DURATION		JOB RESPONSIBILITIES
		From	TO	
Lecturer/Program Coordinator	Department of Applied Psychology University of Sahiwal Sahiwal	07-03-07	<u>Date</u>	<ul style="list-style-type: none"> Delivering lectures at postgraduate level Practical demonstration Supervision of Thesis and research at MSc level disciplinary affairs & administrative tasks.

Lecturer/HOD	Mamoona Postgraduate Collge For Women Multan	01-11-98	06-03-07	<ul style="list-style-type: none"> • Deliverance of lectures to Master Classes • Head of the Department
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Areas of Interest

Experimental Psychology, Cognition & Behavioral Neuroscience, Assessment & Diagnosis, Test Development & Adaptation, Emotional Intelligence, Counseling Psychology, Positive Psychology, Psychological Wellbeing & Quality of Life, Child Development & Psycho-Pathology, Gerontology,

Publications

- 1. Relationship b/w Procrastination and Self-esteem among male and female university students. "European Academic Research". ISSN 2286-4822. Vol.III.Issue2/May 2015**
- 2. Relationship b/w Emotional Intelligence and Leadership Styles among bank executives. "Indian Stream Research Journal". ISSN 2230-7850. Volume-4 Issue-10/Nov-2014**

Courses Taught At Postgraduate Level

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| <ul style="list-style-type: none"> ▪ Experimental Psychology ▪ Behavioral Neuroscience ▪ Learning cognition & motivation ▪ Statistics ▪ Social Psychology ▪ Developmental Psychology ▪ Psycho diagnosis | <ul style="list-style-type: none"> ▪ Ethics in Human Research ▪ Personal Development ▪ Research Methods ▪ Para Psychology ▪ Organizational Behavior ▪ Human Recourse Management ▪ Child Psych Pathology |
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Conference Attended

One DAY International Conference on " Terrorism" At Bahauddin Zakaria University Multan

Seminar Organized

One Day Seminar & Exhibition On Mental Health At Department of Applied Psychology University of Sahiwal, Sahiwal on 24-10-2016.

Membership

Pakistan Psychological Association (PPA)
 Board of Studies Psychology Department BZU Multan (2012-2016)
 Technical Committee ,Purchase Committee, Discipline Committee BZU Sub-campus Sahiwal
 Citizen Police Lesion Committee Sahiwa (2015)l.

Co-Curricular Activities

- Participated in various competitions (recitation, speech, dramas etc.) throughout academic career
- Working as a Logistic member
- Nomination as Best Qaria
- Active participation in social activities like counseling earthquake and flood victims
- Student Counseling and Guidance

IT & Other Skills

- MS Windows , MS Office (MS Word, MS Power Point, MS Excel, MS Works)
- Web surfing and data management
- Fine communication and presentation skills
- Excellent writing and creative aptitude
- Well motivated, encouraging & optimistic
- Having capacity to work multi-dimensionally

Languages

- English
- Urdu
- Punjabi
- Seriki

Hobbies

- Hiking & Traveling
- Book Reading
- Net Surfing
- Interior Designing

Personal Details

- Father's Name: Abdul SaboorBhutta
- D.O.B: 03-12-1972
- CNIC #: 36302-0366437-4
- Gender Female

Permanent Address: 1754 A Azmi Park
Colony Near Sayal Medical Center Chowk
Kachehri Multan. 60000

- Religion: Islam
- Marital Status: Married
- Nationality: Pakistani
- Passport #: BL9674371

Current Address: 766-L Block
Farid Town Sahiwal . 57000

[References will be provided when asked for]